



What Not to Wear



What to Wear

CLOTHING

- Gym clothes
- Hats (unless religious based)
- Crop tops or anything that doesn't cover your belly button
- T-shirts of any kind, but especially ones that have decals/logos on them
- Denim jeans - unless you do not own any other pants
- Baggy clothing
- Clothes with holes in them
- Dresses that are "sexy" / too revealing
- Strapless dresses
- Pajamas!



MEN

- Suit and tie (tie is optional for workers' compensation hearings)
- Dress/Collared shirt
- Belt/Suspenders
- Trim beard or shave
- Dress shoes
- Clean work uniform (for workers' compensation hearings)

WOMEN

- A professional dress
- Business suit
- Dress slacks w/ conservative top
- Clean work uniform (for workers' compensation hearings)

FOOTWEAR

- Tennis shoes
- High-heeled shoes/Stiletos
- Sandals
- Crocs
- Flip-flops
- Open-toed shoes
- Slippers!



FOOTWEAR

- Wear conservative shoes
- Wear closed-toe shoes
- Wear black or neutral colored shoes

MISC.

- Don't wear distracting jewelry
- Don't smell of Tobacco, Marijuana, Alcohol
- Cover up tattoos as much as possible
- Avoid perfume and cologne

MISC.

- If virtual, clean the room you'll be in